



**Ayrshire & Arran Alcohol and Drug Action Team**

**GP Enhanced Services Programme for Alcohol Screening & Brief Interventions Pilot Group Minutes**

Date: Monday 29<sup>th</sup> October 2007

Time: 9.30 am

Venue: ADAT Lodge, Ayrshire Central Hospital, Irvine

**Present:**

- Dr Maggie Watts, Chairperson
- Ruth Shepherd, ADAT Commissioner /Co-ordinator
- Allan Thomas, Senior Community Pharmacy Adviser
- Susan Wilson, East Ayrshire CHP
- Kathleen McGuire, South Ayrshire CHP
- Pete Gilfedder, NHS Ayrshire and Arran Addiction Services
- Pat Lerpiniere, NHS Ayrshire and Arran Addiction Services

**In Attendance:**

Doreen Purvis, ADAT Support Team (Minutes)

1.	<b>APOLOGIES</b> Apologies were received from Pauline Fyfe, David Richardson and Huntly McCallum	<b>Action</b>
2.	<b>OUTLINE OF PURPOSE OF THE MEETING</b> Maggie advised she is a member of NHS Ayrshire and Arran Enhanced Services GP Contract Group and alcohol screening/brief interventions is one of the things they want to take forward as alcohol is a substantial issue in Primary Care. Maggie advised she had proposed ADAT could take this forward and fund a pilot in each of the CHP areas, this had been agreed.	
3.	<b>DUMFRIES &amp; GALLOWAY EXPERIENCE</b> Dumfries & Galloway ran a small pilot in Annandale & Eskdale in 2004/05 opportunistically screening 543 people of whom 94 tested positive. 33 people said it had a beneficial effect and the Practice based Counsellors received 85 referrals. Counselling support could be commissioned by ADAT. Ruth advised she had contacted colleagues in other ADAT areas to ascertain what if any similar provision was available in those areas.	
4.	<b>AYRSHIRE &amp; ARRAN PILOT</b> Maggie informed she would like the group to consider possible ways to pilot a variety of approaches. One practice from each of the three CHPs will pilot an approach. It was agreed that the best way forward is through GP involvement. The Group discussed the best audit tool to use and how long the pilot will last.	

5.	<p><b>THE WAY FORWARD</b></p> <p>Maggie asked the group to confirm that everyone was happy in terms of the principal of running a pilot. It was agreed the following actions would be taken forward:-</p> <ul style="list-style-type: none"> <li>• Decide length of pilot (Dumfries &amp; Galloway was 6 months)</li> <li>• GP practices to be identified.</li> <li>• Maggie and Ruth will draw up something which identifies what we are looking for which can be circulated to GP practices as appropriate</li> <li>• Detail current base line in terms of current activity.</li> <li>• Get GP practices to identify who they would want to go on training (2 from each practice)</li> <li>• Review and make recommendations regarding appropriate screening tools and where clients who are screened positive should be referred – using signposting tool</li> <li>• Maggie &amp; Ruth to draw up draft protocol and circulate to members to see if this is a practical way to take this forward. In the short term ADAT would underwrite costs.</li> <li>• Pat to speak to Ayrshire Council on Alcohol regarding their capacity to take on a number of new referrals.</li> <li>• Pete to send out brief intervention pack to members for information</li> <li>• members to be sent the Dumfries &amp; Galloway evaluation for information.</li> </ul>	<p><b>ALL</b> SW/KMcG /PF</p> <p><b>MW / RS</b> SW/KMcG /PF SW/KMcG /PF</p> <p><b>PL / PG</b></p> <p><b>MW / RS</b></p> <p><b>PL</b></p> <p><b>PG</b> <b>RS</b></p>
6.	<p><b>DATE OF NEXT MEETING</b></p> <p>Monday 26<sup>th</sup> November 2007 at ADAT Lodge at 2pm</p>	