



**Ayrshire & Arran Alcohol and Drug Action Team**

**GP Enhanced Services Programme for Alcohol Screening & Brief Interventions Pilot Group Minutes**

Date: Thursday 31 January 2008

Time: 2.00 pm

Venue: ADAT Lodge, Ayrshire Central Hospital, Irvine

**Present:**

- Dr Maggie Watts, Chairperson
- Ruth Shepherd, ADAT Commissioner /Co-ordinator
- Irene Campbell, ADAT Partnership Development Officer
- Susan Wilson, East Ayrshire CHP
- David Richardson GP, South Ayrshire
- Grant McHattie, GP, North Ayrshire

**In Attendance:**

Doreen Purvis, ADAT Support Team (Minutes)

		<b>Action</b>
1.	<p><b>APOLOGIES</b> Apologies were received from Kathleen McGuire.</p>	
2.	<p><b>MINUTES OF PREVIOUS MEETING</b> Minutes of the previous meeting were perused for accuracy and agreed as a true record.</p>	
3.	<p><b>MATTERS ARISING</b> Maggie welcomed everyone to the meeting and gave a brief background to this pilot advising that consideration had been given to operating three separate models – one for each pilot practice. Following discussion of the screening tool, it was agreed that a single system would be most appropriate. The screening tool used in the Brief Interventions Training Pack is FAST with patients scoring positive or negative. Those who screen positive will also be screened for dependence with CAGE and brief interventions only applied to those who score low on CAGE. High CAGE scores will require the screener to take further action, such as referral to Addiction Services or ACA.  It was agreed patients who had attended the practice acutely intoxicated would be asked to return when sober.  Ruth advised that the project had been discussed with Ayleen McBride, Ayrshire Council on Alcohol. ACA would be willing to be involved and could provide counselling on site.  The group discussed the cost of carrying out opportunistic screening, delivering</p>	

	<p>brief interventions, blood tests, reviewing patients and training. It was agreed £200 would be paid for each patient completing the pathway, and 50% for patients for whom a review cannot be completed with a rationale as to why it was not possible. It was also agreed to pay backfill for training. Grant advised they would be happy to start by April and he will advise when they are ready to start.</p>	
4.	<p><b>AREAS FOR ACTION</b></p> <ul style="list-style-type: none"> <li>• Formalise the screening tool using FAST positive, then CAGE</li> <li>• Contact Don Wilson to organise training sessions at GP Surgeries. Grant 's Practice Manager – Margaret McKinlay David 's Practice Manager – Pauline Young</li> <li>• Grant will design draft excel spreadsheet based on flowchart.</li> <li>• David will feedback to Maire Currie regarding East Ayrshire and will get back to Ruth</li> <li>• ADAT will draw up a project proposal and circulate this</li> <li>• Patient information leaflet to be designed.</li> <li>• Counselling Referral Form needed.</li> </ul>	
5.	<p><b>DATE OF NEXT MEETING</b> To be confirmed.</p>	